

# BRYAN PAUL BUCKLEY

Bryan Paul Buckley is a business-travel performance expert, author, and speaker. He's been a Road Warrior for well over a decade and travels both domestically and internationally. He's traveled as a bottom-of-the-barrel manager to the height of a vice president.



He's a hard driver and high achiever who is known as The Energizer Bunny for his nonstop energy. But he also blew out his body going so hard on the road that he had to overcome massive health issues in addition to becoming 40 pounds overweight because of business travel. He's learned the hard way that The Energizer Bunny actually uses rechargeable batteries.

Bryan is a husband of one and father of five who lives in Chicago. He now realizes the effect that being on the road has, especially on his family. He wants to excel at work but also come home with the energy needed for his wife (who often needs a break), his kids (who miss their dad), and his closest friends.

Bryan Paul Buckley is the founder of the Elite Road Warrior Institute and Road Warrior Recharge. He's passionate about helping Road Warriors become elite and master the business travel life without losing what matters in the process.

## PHONE NUMBER:

**630-689-7606**

## EMAIL ADDRESS:

**[bryan@bryanpaulbuckley.com](mailto:bryan@bryanpaulbuckley.com)**

## TWITTER:

**[@brybuckley](https://twitter.com/brybuckley)**

## INSTAGRAM:

**[/bryanpaulbuckley](https://www.instagram.com/bryanpaulbuckley)**

## LINKEDIN:

**[/in/bryanpaulbuckley](https://www.linkedin.com/in/bryanpaulbuckley)**

## WEBSITE

**[EliteRoadWarrior.com](http://EliteRoadWarrior.com)**